Last Updated September 3rd, 2026.

2026 - 2027 Player Evaluation and Team Selection Process

Important Reminders:

• The Player Evaluation and Team Selection process will be conducted by each Division's (U9, U11, U13, U15 and U18) Evaluation Team which will include MEIFHA Vice-President Hockey Operations, the MEIFHA Division Coordinator or acting Division Coordinator, Coaching Staff (if appointed) and Independent Evaluators.

• The Player Evaluation and Team Selection process will afford players the chance to show their abilities in a number of situations. While skill is a premium, the ability to be competitive, play consistently, with hockey sense, and be effective in games is very important. Evaluators will use criteria adopted from Hockey Canada with consideration given to the variety of categories that are to be assessed. Players will be scored based on their performance on the ice and their respective Coaches for the Team/Category will have final decision on roster spots. The role of the Independent Evaluators is to assess the players impartially to assist MEIFHA in ensuring that everyone lands in an appropriate category of play for their ability.

• Any inquiries during and/or after the Player Evaluations & Team Selections must be addressed to the MEIFHA Division Coordinators within (4) days of Team Selection. No Coach, Evaluator, Assistant or Executive member will entertain any concerns related to individual players. No phone calls or emails will be accepted until 24 hours have passed from the time of the placement posting or player release notification. Please respect our twenty-four (24) hour rule.

Important Contacts:

U7/U9	**Bronwyn DesLauriers**	**U9@metroeastinferno.ca**
U11	**Amanda Bard**	**U11@metroeastinferno.ca**
U13	**Meagan Gillis**	**U13@metroeastinferno.ca**
U15	**Colleen Mitchell**	**U15@metroeastinferno.ca**
U18	**Amanda Hall**	**U18@metroeastinferno.ca**
VP Hockey	**Matt Denine**	**vphockey@metroeastinferno.ca**

U7 First Practices

U7 First Practices								
Day	**Date**	**Start Time**	**End Time**	**Age Group**	**Session Type**	**Level**	**Group / Team**	**Rink**
				U7	practice	-	Named Team	
				U7	practice	-	Named Team	
				U7	practice	-	Named Team	

Please see GrayJay for complete schedules in the coming weeks. **U7/U9** **Bronwyn DesLauriers** **U9@metroeastinferno.ca**

U9 Evaluation & Balancing

Players will be assigned numbers with safety pins (2 the same, one for the front and one for the back), provided at the first session (available at check-in anytime if you miss the first evaluation).
Each player will have 3 Evaluation sessions. Your player will keep their number until after the final session. Each player is expected to arrive with this number in place for every session.
Please wear a plain jersey, 'non-special team' socks or jerseys, (ie: no Spring teams). At the last evaluation session, we'd appreciate it if you could please drop the numbers and pins in the bag (or box) as you exit so we can reuse them next season.

U9								
Day	**Date**	**Start Time**	**End Time**	**Age Group**	**Session Type**	**Level**	**Group / Team**	**Rink**
Sunday	4-Oct-25	11:30 am	12:30 pm	U9	Evaluation	Dev /Int	A - TBA	RBC - B
Sunday	4-Oct-25	12:30 pm	1:30 pm	U9	Evaluation	Dev /Int	TBA - Z	RBC - B
ALL PLAYERS will now be assigned to Group 1 and Group 2 based on the first evaluation sessions. Lists posted by TBA.								
Decision will be made and posted about Team Structure: 2 Intermediate/1 Development or 1 Intermediate/2 Development								
Saturday	10-Oct-25	12:30 pm	1:30 pm	U9	Evaluation	Dev /Int	Group 1	CHP - Scotia 2
Saturday	10-Oct-25	1:30 pm	2:30 pm	U9	Evaluation	Dev /Int	Group 2	CHP - Scotia 2
Players MAY be moved between Group 1 and Group 2. Lists posted by TBA.								
Sunday	11-Oct-25	10:30 am	11:30 am	U9	Evaluation	Dev /Int	Group 1	RBC - B
Sunday	11-Oct-25	11:30 am	12:30 pm	U9	Evaluation	Dev /Int	Group 2	RBC - B
Players will be assigned to teams, posted on the website by								
*** Practices will begin 17-Oct-26								
TBA	TBA	TBA	TBA	U9 Dev	Practice	Development	Named Team	TBA
TBA	TBA	TBA	TBA	U9 Dev	Practice	TBA	Named Team	TBA
TBA	TBA	TBA	TBA	U9 Int	Practice	Intermediate	Named Team	TBA
Regular days are expected to be Saturdays/Sundays and sometimes one shared practice during the week.								
Please see the website to find schedules for Intermediate and Development. Rosters will be uploaded ASAP after teams are formed.								

U7/U9 **Bronwyn DesLauriers** **U9@metroeastinferno.ca**

U11 - U18 MEIFHA Policy #19.0 PLAYER EVALUATION & TEAM SELECTION PROCESS

U11								
Day	**Date**	**Start Time**	**End Time**	**Age Group**	**Session Type**	**Level**	**Group / Team**	**Rink**
Monday	14-Sept-26	5:00 pm	6:00 pm	U11-U13	Goalie Skills	AA/A	GOALIE LIST	CHP - Scotia 2
GOALIES DO NOT ATTEND Skills 1								
Sunday	20-Sept-26	4:30 pm	5:30 pm	U11	Skills 1	AA	Group 1	CHP - Scotia 2
Sunday	20-Sept-26	5:30 pm	6:30 pm	U11	Skills 1	AA	Group 2	CHP - Scotia 2
GOALIES ATTEND Skills 2								
Tuesday	22-Sept-26	5:30 pm	6:30 pm	U11	Skills 2	AA	Group 1	CHP - Scotia 2
Tuesday	22-Sept-26	6:30 pm	7:30 pm	U11	Skills 2	AA	Group 2	CHP - Scotia 2
ALL AA Hopefuls assigned to AA Intrasquad 1 or Intrasquad 2 from Skills. Lists posted by Wednesday noon.								
Wednesday	23-Sept-26	6:45 pm	7:45 pm	U11	Intrasquad 1	AA	posted/TBA	RBC - C
Wednesday	23-Sept-26	7:45 pm	8:45 pm	U11	Intrasquad 2	AA	posted/TBA	RBC - C
Releases to A or C begin. Lists posted by Thursday 9pm								
Friday	25-Sept-26	6:15 pm	7:45 pm	U11	Intrasquad	AA	posted/TBA	RBC - A
Releases to A or C. Lists posted by Saturday noon								
Sunday	27-Sept-26	1:00 pm	2:00 pm	U11	Intrasquad	AA	posted/TBA	RBC - B
Final releases to A or C. U11 AA named. Lists posted by Monday 9pm								
Tuesday	29-Sept-26	6:15 pm	7:15 pm	U11	Intrasquad	A	posted/TBA	RBC - A
U11 A NAMED. U11 C or U11C POOL NAMED. Lists posted by Wedsday 9pm								
Thursday	1-Oct-26	4:00 pm	5:00 pm	U11	Balancing/practice	C	Posted/TBA	RBC - D
U11 C TEAMS NAMED. Lists posted by Friday 9pm.								
First Practices and other Important Dates								
Tuesday	29-Sept-26	5:30 pm	7:00 pm	U11	Practice	AA	Named Team	East Hants (B)
Thursday	1-Oct-26	6:00 pm	7:00 pm	U11	Practice	A	Named Team	RBC - B
TBA	TBA	TBA	TBA	U11	Practice	C Fire & C Ice	Named Team	TBA

Please see GrayJay for complete schedules in the coming weeks. **U11** **Amanda Bard** U11@metroeastinferno.ca

U11 - U18 MEIFHA Policy #19.0 PLAYER EVALUATION & TEAM SELECTION PROCESS

U13								
Day	**Date**	**Start Time**	**End Time**	**Age Group**	**Session Type**	**Level**	**Group / Team**	**Rink**
Monday	14-Sept-26	5:00 pm	6:00 pm	U11-U13	Goalie Skills	AAA/AA/A	GOALIE LIST	CHP - Scotia 2
GOALIES DO NOT ATTEND Skills 1								
Tuesday	15-Sept-26	5:00 pm	6:00 pm	U13	Skills 1	AAA	Group 1	RBC - B
Tuesday	15-Sept-26	6:00 pm	7:00 pm	U13	Skills 1	AAA	Group 2	RBC - B
GOALIES ATTEND Skills 2								
Wednesday	16-Sept-26	5:00 pm	6:00 pm	U13	Skills 2	AAA	Group 1	CHP - Scotia 1
Wednesday	16-Sept-26	6:00 pm	7:00 pm	U13	Skills 2	AAA	Group 2	CHP - Scotia 1
ALL AAA Hopefuls assigned to AAA Intrasquad 1 or Intrasquad 2 from Skills. Lists posted by Thursday 9pm								
Friday	18-Sept-26	6:00 pm	7:00 pm	U13	Intrasquad 1	AAA	posted/TBA	RBC - B
Friday	18-Sept-26	7:00 pm	8:00 pm	U13	Intrasquad 2	AAA	posted/TBA	RBC - B
Releases to AA or A Intrasquad games or C begin. Lists posted by Saturday 9pm								
Sunday	20-Sept-26	12:15 pm	1:45 pm	U13	Intrasquad	AAA	posted/TBA	RBC - C
Releases to AA or A Intrasquad games or C. Lists posted by Monday 9pm								
Tuesday	22-Sept-26	6:15 pm	7:15 pm	U13	Intrasquad	AAA	posted/TBA	RBC - A
Final releases to AA or A Intrasquad games or C. U13 AAA NAMED. Lists posted by Wednesday 9pm								
Thursday	24-Sept-26	5:45 pm	7:15 pm	U13	Intrasquad	AA	posted/TBA	RBC - A
Final releases to A Intraquad or C. U13 AA NAMED. Lists posted by Friday 9pm								
Sunday	27-Sept-26	5:30 pm	6:30 pm	U13	Intrasquad	A	posted/TBA	CHP - Scotia 2
Final releases to C. U13 A Named. U13 C NAMED. Lists posted by Monday 9pm								
First Practices and other Important Dates								
Friday	25-Sept-26	6:30 pm	8:00 pm	U13	Practice	AAA	Named Team	Zatzman Sportsp
Saturday	26-Sept-26	12:30 pm	2:00 pm	U13	Practice	AA	Named Team	CHP - Scotia 2
U13 AAA & AA attend mandatory CC Saturday (only bumped for league play)								
Sunday	27-Sept-26	10:00 am	11:30 am	U13	CC	AAA & AA	Named Teams	RBC - B
Sunday	27-Sept-26	3:30 pm	5:00 pm	U13	CC	AAA & AA	Named Teams	RBC - B
Tuesday	29-Sept-26	5:15 pm	6:15 pm	U13	Practice	A	Named Team	RBC - A
Wednesday	30-Sept-26	6:15 pm	7:15 pm	U13	Practice	C	Named Team	RBC - A

Please see GrayJay for complete schedules in the coming weeks. **U13** **Meagan Gillis** U13@metroeastinferno.ca

U11 - U18 MEIFHA Policy #19.0 PLAYER EVALUATION & TEAM SELECTION PROCESS

U15								
Day	**Date**	**Start Time**	**End Time**	**Age Group**	**Session Type**	**Level**	**Group / Team**	**Rink**
Sunday	13-Sept-26	11:00 am	12:00 pm	U15-U18	Goalie Skills	U15 - U18	GOALIE LIST	RBC - D
GOALIES DO NOT ATTEND Skills 1								
Sunday	13-Sept-26	12:00 pm	1:00 pm	U15	Skills 1	AAA	Group 1	RBC - D
Sunday	13-Sept-26	1:00 pm	2:00 pm	U15	Skills 1	AAA	Group 2	RBC - D
GOALIES ATTEND Skills 2								
Monday	14-Sept-26	7:00 pm	8:00 pm	U15	Skills 2	AAA	Group 1	RBC - D
Monday	14-Sept-26	8:00 pm	9:00 pm	U15	Skills 2	AAA	Group 2	RBC - D
ALL AAA Hopefuls assigned to AAA Intrasquad 1 or Intrasquad 2 from Skills. Posted lists by Tuesday 9pm								
Wednesday	16-Sep-2026	7:45 pm	8:45 pm	U15	Intrasquad 1	AAA	posted list	RBC - C
Wednesday	16-Sep-2026	8:45 pm	9:45 pm	U15	Intrasquad 2	AAA	posted list	RBC - C
Releases to AA, A or C begin. Lists posted by Thursday 9pm								
Friday	18-Sept-26	6:30 pm	8:00 pm	U15	Intrasquad	AAA	posted/TBA	Zatzman Sportsp
Releases to AA, A or C. Lists posted by Saturday noon								
Sunday	20-Sept-26	11:15 am	12:15 pm	U15	Intrasquad	AAA	posted/TBA	RBC - C
Final releases to AA, A or C. U15 AAA NAMED. Lists posted by Monday 9pm								
Tuesday	22-Sept-26	7:15 pm	8:45 pm	U15	Intrasquad	AA	posted/TBA	RBC - A
Final releases to A or C. U15 AA NAMED. Lists posted by Wednesday 9pm								
Friday	25-Sept-26	7:45 pm	9:15 pm	U15	Intrasquad	A	posted/TBA	RBC - A
U15 A TEAMS NAMED. Lists posted by Saturday 5 pm.								
Monday	28-Sept-26	5:00 pm	6:00 pm	U15	pre-balancing	C	posted/TBA	CHP - Scotia 1
Friday	2-Oct-26	6:15 pm	7:15 pm	U15/U18	Balancing	C	posted/TBA	RBC - A
U15/U18C TEAMS NAMED. Lists posted by Monday 9pm.								
First Practices and other Important Dates								
Wednesday	23-Sept-26	8:00 pm	9:30 pm	U15	practice	AAA	Named Team	RBC - B
Thursday	24-Sept-26	8:00 pm	9:00 pm	U15	practice	AA	Named Team	Zatzman Sportsp
U15 AAA & AA attend mandatory CC Saturday (only bumped for league play)								
Saturday	26-Sept-26	11:00 am	12:30 pm	U15	CC	AAA & AA	Named Teams	RBC - D
Saturday	26-Sept-26	3:00 pm	4:30 pm	U15	CC	AAA & AA	Named Teams	RBC - D
Sunday	27-Sept-26	11:30 am	1:00 pm	U15	practice	A	Named Team	RBC - B
TBA	TBA	TBA	TBA	U15/U18	practice	C Fire	Named Team	TBA
TBA	TBA	TBA	TBA	U15/U18	practice	C Ice	Named Teams	TBA

Please see GrayJay for complete schedules in the coming weeks. **U15** **Colleen Mitchell** U15@metroeastinferno.ca

U11 - U18 MEIFHA Policy #19.0 PLAYER EVALUATION & TEAM SELECTION PROCESS

U18								
Day	**Date**	**Start Time**	**End Time**	**Age Group**	**Session Type**	**Level**	**Group / Team**	**Rink**
Sunday	13-Sept-26	11:00 am	12:00 pm	U15-U18	Goalie Skills	U15 - U18	GOALIE LIST	RBC - D
GOALIES DO NOT ATTEND Skills 1								
Tuesday	15-Sept-26	8:00 pm	9:00 pm	U18	Skills 1	AA	Group 1	RBC - D
Tuesday	15-Sept-26	9:00 pm	10:00 pm	U18	Skills 1	AA	Group 2	RBC - D
GOALIES ATTEND Skills 2								
Friday	18-Sept-26	8:00 pm	9:00 pm	U18	Skills 2	AA	Group 1	RBC - B
Friday	18-Sept-26	9:00 pm	10:00 pm	U18	Skills 2	AA	Group 2	RBC - B
ALL AA Hopefuls assigned to AA Intrasquad 1 or Intrasquad 2 from Skills. Lists posted by Saturday 10pm								
Sunday	20-Sept-26	9:15 am	10:15 am	U18	Intrasquad 1	AA	posted/TBA	RBC - C
Sunday	20-Sept-26	10:15 am	11:15 am	U18	Intrasquad 2	AA	posted/TBA	RBC - C
Releases to A or C begin. Lists posted by Sunday 10pm								
Monday	21-Sept-26	8:30 pm	10:00 pm	U18	Intrasquad	AA	posted/TBA	Zatzman Sportsp
Releases to A or C continue. Lists posted by Tuesday 10pm								
Wednesday	23-Sept-26	8:45 pm	9:45 pm	U18	Intrasquad	AA	posted/TBA	RBC - C
Final Releases to A or C. U18 AA NAMED. Lists posted by Thursday 9pm.								
U18 A BALANCING:								
Saturday	26-Sept-26	12:30 pm	2:00 pm	U18	Balancing/Eval	A	1 v. 2	CHP - Scotia 2
Monday	28-Sept-26	8:30 pm	10:00 pm	U18	Balancing/Eval	A	2 v. 3	Zatzman Sportsp
Wednesday	30-Sept-26	8:45 pm	10:15 pm	U18	Balancing/Eval	A	1 v. 3	RBC - A
Final Releases to C. U18 A NAMED. Lists posted by Thursday 9pm.								
Friday	2-Oct-26	6:15 pm	7:15 pm	U15/U18	Balancing	C	posted/TBA	RBC - A
U15/U18 C TEAMS NAMED. Lists posted by Saturday 5pm.								
First Practices and other Important Dates								
U18 AA attends mandatory CC Saturday (only bumped for league play)								
Saturday	26-Sept-26	12:30 pm	2:00 pm	U18	CC	AA	Named Team	RBC - D
Saturday	26-Sept-26	4:30 pm	6:00 pm	U18	CC	AA	Named Team	RBC - D
Sunday	27-Sept-26	2:00 pm	3:30 pm	U18	practice	AA	Named Team	RBC - B
TBA	TBA	TBA	TBA	U18	practice	A Blaze	posted/TBA	TBA
TBA	TBA	TBA	TBA	U18	practice	A Fire	posted/TBA	
TBA	TBA	TBA	TBA	U18	practice	A Ice	posted/TBA	TBA
TBA	TBA	TBA	TBA	U15/U18	practice	C Fire	Named Team	TBA
TBA	TBA	TBA	TBA	U15/U18	practice	C Ice	Named Teams	TBA

Please see GrayJay for complete schedules in the coming weeks. **U18** **Amanda Hall** U18@metroeastinferno.ca