



# Coaching/Volunteer Application

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ CELL PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

DIVISION / LEVEL APPLYING FOR: \_\_\_\_\_

### RECENT COACHING EXPERIENCE:

SEASON	ORGANIZATION	TEAM/LEVEL	ROLE
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

### COACHING ASPIRATIONS:

Short Term Goals: \_\_\_\_\_  
\_\_\_\_\_

Long Term Goals: \_\_\_\_\_  
\_\_\_\_\_

List 3 Coaching Skill Areas you consider your strengths:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

List 3 Coaching Skill Areas you wish to improve on:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

### COACHES - FAIR PLAY PLEDGE

It is the intention of this pledge to promote fair play and respect for all participants within Minor Hockey. All coaches must sign this pledge before being allowed to participate in hockey and must continue to observe the principles of Fair Play.

### FAIR PLAY CODE FOR COACHES

1. I will be reasonable when scheduling games and practices remembering that young athletes have other interests and obligations.
2. I will teach my athletes to play fairly and to respect the rules, officials, opponents and teammates.
3. I will ensure *all* athletes receive equal instruction, discipline, support and appropriate, fair playing time.
4. I will not ridicule or yell at my athletes for making mistakes or for performing poorly. I will remember that children play to have fun and must be encouraged to have confidence in themselves.
5. I will make sure that equipment and facilities are safe and match the athlete's ages and ability.
6. I will remember that children need a coach they can respect. I will be generous with praise and set a good example.
7. I will obtain proper training and continue to upgrade my coaching skills.

I agree to abide by the principles of the FAIR PLAY CODE as set by Hockey Canada and I also agree to abide by the rules, regulations and decisions as set by Western Region Female Hockey.

PRINT NAME: \_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_