

## Parent Code of Conduct

- I will remember that my child wrestles for his or her enjoyment, not mine.
- I will encourage my child to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will never ridicule or yell at my child for making a mistake or losing a match.
- I will respect and show appreciation for the volunteer coaches who give their time to coach wrestling, communicate with them and support them.
- I will not embarrass my child or myself by yelling at opponents, coaches or officials. By showing a positive attitude toward the sport and all its participants, my child will benefit.
- I will maintain my self control at all times.
- I will applaud a good effort in victory and in defeat and enforce the positive points of the sport. I will never verbally or physically abuse my child after an event or practice it is destructive.
- I will respect the officials' decisions.
- I will show respect for my team's opponents, because without them there would be no match.
- I will not charge onto the mat. I trust the Coaches to advocate and support my child in the appropriate manner.
- I will respect the facilities and their staff.
- I will not conduct myself in a disrespectful manner. Disrespectful is defined as action or words deemed rude, unpleasant, inappropriate, or unprofessional and found to be offensive to others.

● I will not conduct myself in a way that would be deemed a travesty to the sport by using profane or threatening abusive language, gestures or actions towards any person. Such actions may also be described as verbal or physical taunts or gestures that intend to humiliate, demean, belittle, cause offense to or harm the reputation of the person or group targeted.