



Nova Elite Hockey Development Association		Team Policies & Procedures
Active Date: 01/31/2012	Page: 1 of 2	Revised Date:8/6/2026
Player Code of Conduct		

Purpose

As a member of The Novas, I understand that I represent more than myself.

When I wear the **N**, I represent my family, my teammates, my coaches, The Novas organization, our sponsors, our communities, and the people whose support and commitment have helped build and sustain this program.

I understand that being a Nova is a privilege. I am expected to conduct myself with respect, discipline, accountability, and pride at all times — on the ice, in the dressing room, at school, online, while travelling, and anywhere I am representing the team.

Failure to meet the expectations of this Code of Conduct may result in discipline, including loss of privileges, reduced participation, suspension, or removal from team activities.

Policy

As a player of The Novas, I agree to:

- respect my teammates, coaches, team staff, officials, opponents, facility staff, volunteers, parents, and spectators;
- follow all rules, policies, and expectations established by The Novas, the Nova Scotia U15 Major Hockey League, Hockey Nova Scotia, and Hockey Canada;
- give my best effort in practices, games, off-ice training, team events, and all team activities;
- place team success, team standards, and team accountability ahead of personal attention or individual goals;
- accept coaching, instruction, correction, and discipline respectfully;
- listen when coaches or team officials are speaking;
- control my emotions and avoid conduct that embarrasses myself, my family, my teammates, my coaches, or The Novas;
- refrain from arguing with officials, mouthing off, breaking sticks, throwing equipment, or undisciplined play;



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- compete hard, play fair, and respect opponents regardless of the score, situation, or opponent's behaviour;
- respect the dressing room, team property, facility property, hotels, buses, restaurants, and any place where the team is present;
- conduct myself appropriately on social media, messaging platforms, and online, recognizing that my online behaviour reflects on myself and The Novas;
- avoid bullying, hazing, harassment, discrimination, threats, intimidation, or any behaviour that harms a teammate, opponent, coach, official, or another person;
- be responsible for my own actions, attitude, preparation, equipment, and behaviour;
- represent The Novas with pride when travelling to and from games, practices, tournaments, and team events;
- and understand that trust, opportunity, and privilege are earned through my conduct and commitment.

Expectation

The Novas expect players to compete, work, listen, learn, and carry themselves properly.

This Code of Conduct is not only about hockey. It is about becoming a responsible teammate, a respectful competitor, and a good young citizen.

Players are expected to understand that wearing the **N** comes with responsibility.