



Welcome

TO THE

2026-2027

NORTHSIDE & DISTRICT

MINOR HOCKEY SEASON!



More Than a Game

COMMUNITY • CHARACTER • HOCKEY

On behalf of the NSDMH Board of Directors, welcome to all returning and new players, parents and guardians. We look forward to another great season of hockey!

As the season begins, we would like to share a brief overview of our Association and several important reminders.

NORTHSIDE VIKINGS

ABOUT NSDMH



Northside & District Minor Hockey Association is a non-profit organization operating under Hockey Nova Scotia and Hockey Canada.

Our Association boundaries include North Sydney, Sydney Mines, Florence, Bras d'Or, Boularderie Island and areas north of Leitches Creek. Recreational players are placed on teams based on age, playing skill and experience. Competitive teams are selected through evaluations and tryouts.

Our Constitution, By-laws and Association policies are available on our website at nsdmha.grayleagues.com.

INCIDENT RESOLUTION



If an issue or concern arises during the season, families are asked to follow this resolution process:

- 1 Allow a 24-hour cooling-off period before addressing the incident.
- 2 Discuss the concern first with your Coach or Team Manager.
- 3 If the concern cannot be resolved at the team level, submit it in writing to the NSDMH office so it can be directed appropriately.
- 4 Depending on the nature or severity of the incident, Hockey Nova Scotia may also have an independent complaint process.

We strongly encourage all parents and guardians to review the Hockey Nova Scotia Code of Conduct and NSDMH's conduct policies. The full Hockey Nova Scotia document is available through our website.

COMMUNICATION



Our website, nsdmha.grayleagues.com, is the primary source for Association information, schedules, policies and important updates.

Before your player's evaluation or tryout, please read the **IMPORTANT INFORMATION** sheet posted on the website.

Important policies currently available include the Evaluation/Tryout Policy, Dressing Room Policy and HNS Code of Conduct.



Our Facebook page will also be used for general information intended for the public. Once teams are finalized, team-specific communication will take place through each team's designated communication platform.



Please keep all communication respectful and constructive. NSDMH has zero tolerance for malicious, targeted or inappropriate use of Association or team communication platforms. Such conduct may also fall under the NSDMH and Hockey Nova Scotia Codes of Conduct.

Respect Our Game

WEEKLY 50/50



The NSDMH weekly 50/50 is an important fundraiser that helps support the cost of providing minor hockey in our community.

Each player is required to sell 20 tickets per week for the first child registered and 10 tickets per week for each additional child registered.

Credits from ticket sales are applied toward the following year's registration, subject to NSDMH's 50/50 policies.

Please review the complete 50/50 policy on our website for details about weekly requirements, missed sales and registration credits.

U7 & U9 FAMILIES



Our U7 and U9 programs focus on fun, skill development, sportsmanship and introducing young players to the team environment.

These divisions typically begin approximately 1-2 weeks after the older divisions, so please do not be concerned if things seem quieter at the beginning of the season.

TEAM MEETINGS



Once teams are finalized, each team will hold a designated team meeting. A member of the NSDMH Board will be present to provide Association information and answer questions about your player's team, division and the upcoming season.

Let's Make It a Great Season!

We know the start of the hockey season brings many schedules, details and questions. Please stay connected, check the website regularly and use the appropriate communication channels when assistance is needed.

Most importantly, let's work together to create a positive environment where our players can develop, compete, build friendships and enjoy the game.

WE LOOK FORWARD TO SEEING EVERYONE AT THE RINK!



NORTHSIDE & DISTRICT
MINOR HOCKEY ASSOCIATION