

Welcome Cody Roland – Development Coordinator

Northside & District Minor Hockey is pleased to announce Cody Roland as our Development Coordinator for the 2026-27 hockey season.

Cody brings a wealth of hockey experience to the role, having been involved in the game as a player, coach, instructor, and development coordinator.

Cody grew up playing here with Northside & District Minor Hockey from 1995–2005, before continuing his playing career with Memorial Marauders (2005–2006) and the U18 Major Cape Breton Tradesmen (2006–2007). He then advanced to the Junior A level, playing with the Truro Bearcats and Pictou County Weeks Crushers from 2007–2010.

Following his playing career, Cody moved into coaching and player development. His experience includes coaching with Bedford Minor Hockey and the Memorial Marauders, instructing at various hockey schools and camps, and previously serving as a NSDMH Development Coordinator from 2018–2021.

Cody's development philosophy goes beyond skating, puck handling, and shooting. He places a strong emphasis on progressive skill development, hockey IQ, small-area games, and teaching players to read and react to game situations. Just as importantly, he believes in creating a positive and fun environment where players are challenged, supported, and excited to come to the rink.

In his role, Cody will also work closely with our coaches, providing support and resources to help them run effective practices and create the best possible development environment for our players.

We're excited to welcome Cody back to Northside & District Minor Hockey, where his own hockey journey began, and look forward to the experience, knowledge, and enthusiasm he'll bring to our players and coaches.

Please join us in welcoming Cody Roland as our Development Coordinator!