

High School Girls Hockey Regional Playoffs



Rosters: We are now left with 4 Division 1 teams. As per our league meeting we will follow the roster rules of SSNS for the Provincials in all games from here on out. **10 Skaters + Goalie**

21.7 **SSNS Specific Rules**

21.7.1 **Team Rosters**

SSNS school hockey teams may dress a maximum of 20 players providing two are goalkeepers; if only one goalkeeper is dressed, the maximum number dressed is 19. Male teams must begin the SSNS tournament with a minimum of 13 skaters and two goalkeepers. Female hockey teams must begin the SSNS tournament with a minimum of ten skaters and one goalkeeper.

Overtime Rules

All games must be completed in the allotted time frame as per your ice rental. If the ice clock is for 50 minutes, teams are **not allowed any time outs.**

Overtime : If we have **10 minutes or more** of ice left on the **ice clock**; a tie will be broken by a 5 minute straight time, sudden death overtime period, with **three skaters and a goalie**. If no winner is determined, a **shootout** will immediately take place. Each team will use one goaltender and three skaters. The teams will alternate shots on the opposing goaltender until the six players (**combined**) have shot. The team, which scores the most goals, will be the winner. **IF STILL TIED, three different** players will be chosen but this time it is sudden death. Penalty shot rules apply. **Visitors shoot first**. Players who were already used cannot be alternated back into the shootout until all players have shot on the team with the **fewest number** of players.

If there is **less than 10 minutes** on the ice clock at the end of regulation the tie will be broken with a shootout following the rules outlined above. **Teams/ officials must make sure a shootout can occur within their allotted ice time.**