

## 2024 Conditioning Camp Schedule

U11 Group 1	
Wednesday, Sept 4	5:00 PM
Saturday, Sept 7	9:00 AM
Sunday, Sept 8	1:30 PM
Tuesday, Sept 10	5:00 PM

U11 Group 2	
Wednesday, Sept 4	6:00 PM
Saturday, Sept 7	10:00 AM
Sunday, Sept 8	2:30 PM
Tuesday, Sept 10	6:00 PM

U13 Group 1	
Tuesday, Sept 3	5:00 PM
Thursday, Sept 5	5:00 PM
Saturday, Sept 7	2:00 PM
Monday, Sept 9	5:00 PM

U13 Group 2	
Tuesday, Sept 3	6:00 PM
Thursday, Sept 5	6:00 PM
Saturday, Sept 7	3:00 PM
Monday, Sept 9	6:00 PM

U13 Group 3	
Tuesday, Sept 3	7:00 PM
Saturday, Sept 7	4:00 PM
Sunday, Sept 8	3:30 PM
Wednesday, Sept 11	7:00 PM

U15 Group 1	
Tuesday, Sept 3	8:00 PM
Wednesday, Sept 4	7:00 PM
Saturday, Sept 7	11:00 AM
Monday, Sept 9	7:00 PM

U15 Group 2	
Wednesday, Sept 4	8:00 PM
Saturday, Sept 7	1:00 PM
Monday, Sept 9	8:00 PM
Wednesday, Sept 11	8:00 PM

U18 Group 1	
Thursday, Sept 5	7:00 PM
Sunday, Sept 8	4:30 PM
Tuesday, Sept 10	8:00 PM
Thursday, Sept 12	7:00 PM

U18 Group 2	
Thursday, Sept 5	8:00 PM
Saturday, Sept 7	5:00 PM
Tuesday, Sept 10	7:00 PM
Thursday, Sept 12	8:00 PM