

MWF 2024/2025 REGISTRATION

Last Updated: July 29, 2024



Registration is now open for the 2024/2025 season!

Please be sure to read all information presented carefully; this document includes general registration information, registration fee summary, and provides an overview of our Rec vs Rep (Competitive) programs.

2024/2025 REGISTRATION INFORMATION

- Registration for ALL Players closes **AUGUST 25, 2024 at midnight.**
- Registration for Conditioning Camps closes **AUGUST 25, 2024 or when sessions are full.**
- If you are registering after AUGUST 25, you will be considered a late registrant and will be subject to a **\$75 late registration fee**; please contact Jason Smith via email registrar@metrowestforce.com
- MWF is planning to offer a U15C/U18C program during the 2024/2025 season. If your player is interested in continuing to play hockey at a reduced commitment level or starting to play hockey, and engaging in development and game opportunities, please register directly for this program. There will be practices and games played locally. Schedule is to be determined and is dependent on registration numbers.
- **Outstanding fees from the previous season must be paid in order to register.**
- **For those with outstanding fees, full payment will be required for the 2024/2025 season.**

REGISTRATION CONTEST ALERT!!

All Members who register by August 4th at midnight (registered and at least 1 installment paid) will be entered into a draw to win a \$150 registration credit.

GrayJay Pay

MWF Registration is to be done through GrayJay Pay. If you are a **NEW or RETURNING PLAYER**, head to GrayJay Pay to complete registration. <https://grayjaypay.ca/organizations/14/metro-west-force-female-hockey-association/>

If you need help with GrayJayPay, you can consult the user guide by using the link below:

https://docs.google.com/document/d/1x9Y1OxEp_-pLu0kfXjzT-wZxQb7dCT2C4f-erri94CE/edit?usp=sharing

Payment Options and Structure

Payment can be made in full, or in three (3) installments: Time of registration ($\frac{1}{3}$), October 15th ($\frac{1}{3}$) and December 1st ($\frac{1}{3}$).

If fees are not paid in full by midnight December 31st, players with outstanding fees CANNOT PARTICIPATE in any practice, game, or any other MWF sanctioned event, until the date full payment is received.

A minimum payment of one-third of your registration fee is required at time of registration.

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Fees can be paid by credit card payment through GrayJay Pay or e-transfer. E-transfers can be sent to payments@metrowestforce.com, please include players name in the message line and receipt number found in your GrayJay Pay receipt email.

If paying in installments, it is up to the Member to ensure payment is sent to MWF on time. Gray Jay Pay is not set up for pending payments and **payments ARE NOT automatically withdrawn**. A reminder for payment will be forwarded to Members prior to payment dates.

Refund Policy

If refunds are requested, a \$25 Admin fee will be applied. This admin fee will be removed from your refunded amount.

The following refund schedule applies:

- On or before October 15th: 100% (minus \$25 admin fee)
- October 16th to November 15th: 75% (minus \$25 admin fee)
- November 16th to December 15th: 50% (minus \$25 admin fee)
- After December 15th: 0%

Discounts

For U11 and above; Goalies are charged 50% of the registration fee.

3rd child discount: families will receive 50% off the lowest registration fee if 3 or more children are registered with MWF or other local associations that feed into MWF (Bedford, Tasa, Sackville, Chebucto and Halifax). To apply for for 3rd child discount please complete the following survey below:

<https://forms.gle/q3Vxzh9qEpDjLqZy8>

Waivers

When registering your player, there are several waivers to review and acknowledge including:

- Registration Acknowledgment
- Parent Code of Conduct
- Photo and Video Waiver
- Abusive Parent Dispute Resolution Policy
- Payment Schedule Policy
- Player Code of Conduct
- Refund Policy

Please be sure to review these documents carefully to understand the terms and conditions.

50/50

Any 50/50 credits that a Member may have accumulated will be applied to your GrayJay account by September 1st.

Friend Request (REC PROGRAMS ONLY - U7 / U9 / U11C / U13C / U15C / U18C)

For friend requests please complete the following survey below:

<https://forms.gle/GLBH4dME9U5qUdUn9>

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We try to accommodate such requests for rec teams unless it would create an extreme competitive imbalance. Players can put forward a maximum of two (2) friend requests. MWF will do the best to ensure players have at least one friend but there is no guarantee. *Friend requests are not accepted for Rep (Competitive) players.*



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REGISTRATION FEES: 2024/2025

Be sure to review all information presented. If you have any questions regarding registration or fees please contact registrar@metrowestforce.com

Notes:

1. There is no increase to the total registration fees for the 2024/2025 season.
2. Competitive registration fees **include the \$125 try-out fee** (*note: last season the try-out fee was a separate item when registering*). If registering your player for Rec/C there is no try-out fee.
3. U15AAA and U18AA players will be required to pay an additional fee of \$45 for making U15AAA or U18AA. Last season, this additional cost of U15AAA and U18AA (due to additional practice time allocation) was included in the registration, and registration cost was higher for U15AAA and U18AA, however, due to the fact that at time of registration placement is not determined yet MWF felt this was a better approach. This can be paid by parent contributions or fundraising and will be collected through team budgets.
4. Goalies playing U11 to U18 competitive pay 50% of the registration fee plus the \$125 tryout if registering for competitive hockey. When registering your Goalie, please be sure to check the specific Goalie registration (for example, U13 Rep Goalie).
5. If your player registers for Rep (competitive) and is placed at the Rec level following evaluations, any payments made above the cost of Rec registration will be refunded.
6. **All competitive players will be required to purchase the newly branded MWF socks (home and away) and newly branded pant shells**. This can be paid by parent contributions or fundraising and will be collected through team budgets.
7. **All competitive teams (A/AA/AAA) will require additional funds** through parent contributions and/or fundraising to help pay for such things as additional development (on and off ice), extra ice for additional practices or exhibition games, MWF socks (home and away) and pant shells, tournament fees and more. Parents should anticipate these additional costs for competitive hockey.
8. Rec teams may also require additional funds through parent contributions and/or fundraising for **newly branded** MWF socks, tournaments, exhibition games and other team related costs.
9. Registration fees help pay for:
 - A. Tryout Fees (for Rep Levels): if your daughter is signing up for Rec there is no tryout fee required.
 - B. Practice Ice costs
 - C. Game fees including ice costs, RIC stipend, officials and timekeepers.
 - D. Development including Technical Director salary, development ice costs, development staff and goalie development.

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- E. Hockey NS Fees including HNS Fees, team fees and certifications required for bench and team staff.
- F. Operating costs including admin fees, equipment purchases, Hockey for Life fee, jerseys and credits.

10. To see a detailed breakdown of fees please see Appendix A (page 9).

11. Registration Fees:

The table below presents the registration fees by level for the 2024/2025 season.

Level	Year of Birth	Total Fee **	Total Goalie Fee ***
U7	2020/2019/2018	\$730	NA
U9	2017/2016	\$860	NA
U11C (Rec)	2015/2014	\$825	\$412.50
U13C (Rec)	2013/2012	\$825	\$412.50
U15C / U18C (Rec)	2007 to 2011	\$825	\$412.50
U11 Competitive (A / AA)	2015/2014	\$1,425	\$775
U13 Competitive (A/AA/AAA)	2013/2012	\$1,425	\$775
U15 Competitive (A/AA/AAA*)	2011/2010	\$1,445	\$785
U18 Competitive (A/AA*)	2009 / 2008 / 2007	\$1,445	\$785

**U15AAA and U18AA players will be required to pay an additional fee of \$45 for making U15AAA or U18AA. Last season, this additional cost of U15AAA and U18AA (due to additional practice time allocation) was included the registration, and registration cost was higher for U15AAA and U18AA, however, due to the fact that at time of registration placement is not determined yet MWF felt this was a better approach. This will be paid for by parent contributions or fundraising and will be collected by MWF through team budgets.*

*** Total fee is equal to the registration fee plus the \$125 try-out fee (for Competitive registrations only). For example, for U11 Competitive, the registration fee is \$1,300 and the try-out fee is 125\$ for a total of \$1,425. For U11 Rec, the total fee is equal to the registration fee of \$825*

**** Total fee is equal to ½ the registration fee plus the \$125 try-out fee (for Competitive registrations only). For example, for U11 Competitive, the registration fee is \$650 (½ of \$1,300) and the try-out fee is 125\$ for a total of \$775. For U11 Rec, the total fee is equal to the registration fee of \$412.50 (½ of \$825).*

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Rec vs Rep (Competitive)

Understanding the difference between Rec (recreational) and Rep (representative/competitive) hockey is important when trying to determine the best fit for your daughter, and your family.

As per our Strategic Objectives and our commitment to Membership Growth:

- MWF is dedicated to creating a “Play to Compete” approach for competitive teams. The Play to Compete Approach is part of MWF’s strategic path and vision to becoming a premier female hockey association in Atlantic Canada.
- Competitive teams, no matter the level, require players and families who are committed to growth and development. This commitment is shown by attending team practices and additional development sessions (eg. off-ice conditioning, shooting skills, etc), and showing up prepared to work hard.
- Play to Compete does not mean winning every game. We expect teams will win and lose games. The premise behind Play to Compete is to create teams that can compete at the respective level of play and to place players on these teams who are prepared to put in the effort to develop and perform at their best.
- MWF is also committed to building a strong and sustainable recreation league with Metro East Inferno and other associations. We want to ensure that girls are placed appropriately and playing at a level that they are comfortable in and that matches their commitment level.

This year Metro West Force plans to offer the following teams:

- U7
- **U9 (U9 registration will open later this week; parents be sure to check your email for an important communication from the Board that was released Sunday, July 28)**
- U11 – AA (Rep) / A (Rep) / C (Rec)
- U13 – AAA (Rep) / AA (Rep) / A (Rep) / C (Rec)
- U15 - AAA (Rep) / AA (Rep) / A (Rep)
- U18 - AA (Rep) / A (Rep)
- U15/U18 C (Rec)*

**MWF will be offering a U15C/U18C program during the 2024/2025 season. If your player is interested in continuing or starting to play hockey, and engaging in development and game opportunities, please register directly for this program. There will be practices and games played locally.*

As with any team sports, no matter the level or age, players are always expected to:

- Show up prepared to listen and learn.
- Be respectful towards coaches, teammates, officials and other players.
- Show kindness and sportsmanlike behaviour towards everyone.
- Work hard and do their best.
- Have Fun!

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To help understand the two levels of hockey and the expectations, costs and commitment of each level we have provided a summary of frequently asked questions for you to consider when it comes time to deciding what is best for you and your daughter.

Are there Evaluations / Tryouts?

<u>REC</u>	<u>REP</u>
<ul style="list-style-type: none"> No, there are no evaluations and there is no evaluation fee. There will be team balancing sessions to help ensure balanced teams. 	<ul style="list-style-type: none"> Yes, player Evaluations are REQUIRED. Evaluations are held mid-September and all players wanting to play AAA, AA or A level are required to attend. Following evaluations Players will be placed at AAA, AA, A or C (Rec) level. Registering for Rep hockey does not guarantee placement on a Rep team. Players are assigned to a team based on their skill level and performance observed during the evaluation process.

What are the costs? Do they differ and why?

<u>REC</u>	<u>REP</u>
<ul style="list-style-type: none"> Rec fees are as follows: <ul style="list-style-type: none"> U11 & U13: \$825 U15 & U18: \$825 Team budgets are usually lower, as expectations for additional on-ice and off-ice development are lower. Less fundraising is required as a lower parent financial contribution is requested. Rec teams may also require additional funds through parent contributions and/or fundraising for newly branded MWF socks, tournaments, exhibition games and other team related costs. 	<ul style="list-style-type: none"> Rep fees are as follows: <ul style="list-style-type: none"> U11 & U13: \$1425 U15 & U18: \$1445 Try-out fee of \$125 is included in the registration fee. Team Budgets are higher in order to help pay for such things as additional development, extra ice for additional practices or exhibition games, tournament fees or extra off ice activities and other items. Additional activities are at the discretion of the team. These additional costs are covered by parent contributions and/or fundraising. Games are longer (80 minutes compared to 50 minutes) therefore extra costs for ice, officials and timekeepers. All competitive players (A, AA and AAA) will be required to purchase newly branded MWF socks (home and away) and newly branded pant shells. This can be paid by parent contributions or

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	<p>fundraising and will be collected through team budgets.</p> <ul style="list-style-type: none"> Higher parent monetary contribution (parent seed money) is expected and more fundraising is required.
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What is the commitment level? What is expected of the players and their families??S?

<u>REC</u>	<u>REP (COMPETITIVE)</u>
<ul style="list-style-type: none"> Practices take place at rinks throughout HRM. One practice and 1 or 2 games per week. Exhibition games, tournaments (if available) and additional practices will be at the discretion of the team. More flexibility for multi-sport players. It is understood that players may have other commitments and interests and may miss the occasional game or practice. 	<ul style="list-style-type: none"> Practices take place at rinks throughout HRM. Multiple practices per week with usually 2 games per week. Teams may also add off-ice development sessions. Players are expected to show up ready to learn and to do their best. If your daughter plays multiple sports, hockey is expected to be a priority for your daughter. Players are expected to attend all practices, development sessions, games, and other team-based activities.

How much travel is involved?

<u>REC</u>	<u>REP</u>
<ul style="list-style-type: none"> The intention is to keep games localized as much as possible, this however can be dependent on the teams that are placed in this league. Rec teams may register for tournaments or organize exhibition games outside of HRM. The intent of Rec hockey is to keep travel to a minimum as much as possible. 	<ul style="list-style-type: none"> Under the Rep Female league in NS, there is an expectation for regular province-wide travel for league games. The league your daughter is playing could potentially have teams from Yarmouth all the way to Sydney. Majority of games take place on the weekend and travel will be expected. Rep teams are often traveling to areas such as (but not limited to) Yarmouth, Liverpool, Lunenburg, Valley, Truro, Pictou, Antigonish and Cape Breton (dependent on the teams in the league). Tournaments can take place outside of Nova Scotia.

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Can we make friend requests?

<u>REC</u>	<u>REP</u>
<ul style="list-style-type: none">• Yes, we try to accommodate such requests for rec teams unless it would create an extreme competitive imbalance. Players can put forward a maximum of two (2) friend requests. MWF will do the best to ensure players have at least one friend but there is no guarantee.	<ul style="list-style-type: none">• No, we cannot take those requests for rep teams. Player skill level and competitive balance takes priority.

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Appendix A

Practice Fees:	Includes practice ice costs.
Game Fees:	Includes game ice costs, officials and timekeepers.
Development:	Includes Technical Director salary, development ice costs (player and goalie), development staff and Goalie development.
HNS Fees:	Includes HNS fees, team fees and certifications required for bench staff.
Operating Costs:	Includes admin fees, equipment, Hockey for Life, jersey upkeep and credits.

2024 / 2025 SEASON: REP LEAGUE DESCRIPTION AND COST BREAKDOWN						
	U11 A/AA	U13 A/AA/AAA	U15A/AA	U15AAA*	U18A	U18AA*
Practice	One 60 minute practice per week	One 60 minute practice per week	One 60 minute practice per week	One 90 minute practice per week	One 60 minute practice per week	One 90 minute practice per week
Home Games*	15 home games; 90 minutes each	15 home games; 90 minutes each	15 home games; 90 minutes each	15 home games; 90 minutes each	15 home games; 90 minutes each	15 home games; 90 minutes each
Development Sessions	8 additional hours; shared-ice with TD and Development Team	8 additional hours; shared-ice with TD and Development Team	8 additional hours; shared-ice with TD and Development Team	8 shared-ice sessions with TD and Development Team (takes place during regular practice time)	8 additional hours; shared-ice with TD and Development Team	8 shared-ice sessions with TD and Development Team (takes place during regular practice time)
Practice Fees	\$300	\$300	\$300	\$450	\$300	\$450
Game Fees	\$480	\$480	\$500	\$500	\$500	\$500
Development	\$210	\$210	\$210	\$105	\$210	\$105
HNS Fees	\$140	\$140	\$140	\$140	\$140	\$140
Operatings Costs	\$170	\$170	\$170	\$170	\$170	\$170
Try-Outs	\$125	\$125	\$125	\$125	\$125	\$125
<i>Expense Per Player</i>	<i>\$1,425</i>	<i>\$1,425</i>	<i>\$1,445</i>	<i>\$1,490</i>	<i>\$1,445</i>	<i>\$1,490</i>
Registration Fee	\$1,425	\$1,425	\$1,445	\$1,445	\$1,445	\$1,445

REP (Competitive) Notes:

1. **U15AAA and U18AA players will be required to pay an additional fee of \$45 for making U15AAA or U18AA for the additional 30 minutes of practice ice each week.** This can be paid by parent contributions or fundraising and will be collected through team budgets.

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2. All competitive players will be required to purchase newly branded MWF socks (home and away) and pant shells. This can be paid by parent contributions or fundraising and will be collected through team budgets.
3. 15 home games includes regular season and playoffs and is assuming HNS goes back to a regular playoff schedule that we have seen in the past. If a team falls short of the 15 home games, it will be the responsibility of the Coach and Manager to arrange exhibition games to meet this expectation.
4. **All competitive teams (A/AA/AAA) will require additional funds through parent contributions and/or fundraising** to help pay for such things as additional development (on and off ice), extra ice for additional practices or exhibition games, tournament fees and more.

2024 / 2025 SEASON: REC LEAGUE DESCRIPTION AND COST BREAKDOWN					
	U7	U9	U11C	U13C	U15/U18C
Practice	Two shared-ice 60 minute practices per week	Two shared-ice 60 minute practices per week	One shared-ice 60 minute practice per week	One shared-ice 60 minute practice per week	One shared-ice 60 minute practice per week
Home Games	NA	10 home games; 60 minutes each	10 home games; 60 minutes each	10 home games; 60 minutes each	TBD
Development Sessions	8 shared-ice sessions with TD and Development Team (takes place during regular practice time)	8 shared-ice sessions with TD and Development Team (takes place during regular practice time)	8 shared-ice sessions with TD and Development Team (takes place during regular practice time)	8 shared-ice sessions with TD and Development Team (takes place during regular practice time)	8 shared-ice sessions with TD and Development Team (takes place during regular practice time)
Practice Fees	\$305	\$305	\$165	\$165	\$165
Game Fees	-	\$130	\$235	\$235	\$235
Development	\$135	\$135	\$135	\$135	\$135
HNS Fees	\$120	\$120	\$120	\$120	\$120
Operating Costs	\$170	\$170	\$170	\$170	\$170
Registration Fee	\$730	\$860	\$825	\$825	\$825