

2024 CHBA Evaluations - Tactical Session U11-U18

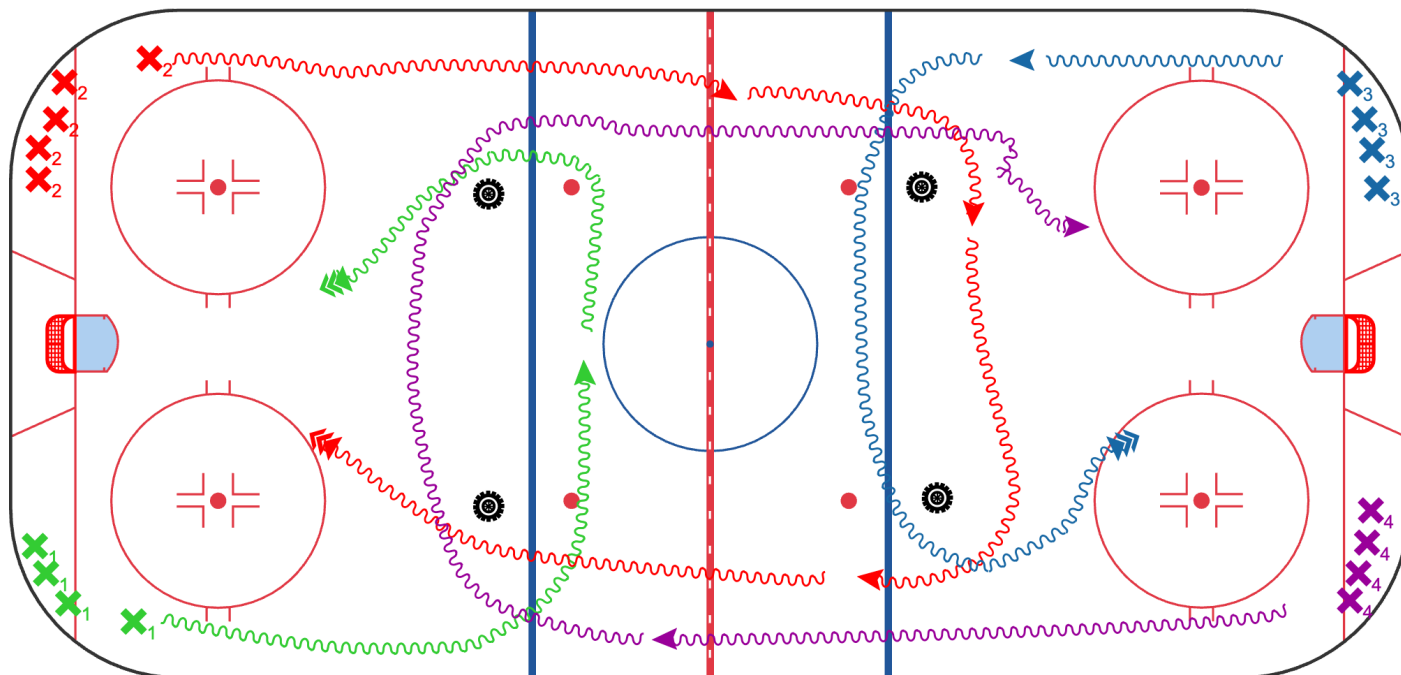
Date: Sep 28 2022

Time: 4:14 am

Duration: 50 mins

CHBA High Low

10 mins



Description

All players are lined up in 4 corners X1, X2, X3 and X4.

On the coaches whistle, all players start out with a puck at the same time. Two opposite corners are designated "high", and the other two opposite corners "low".

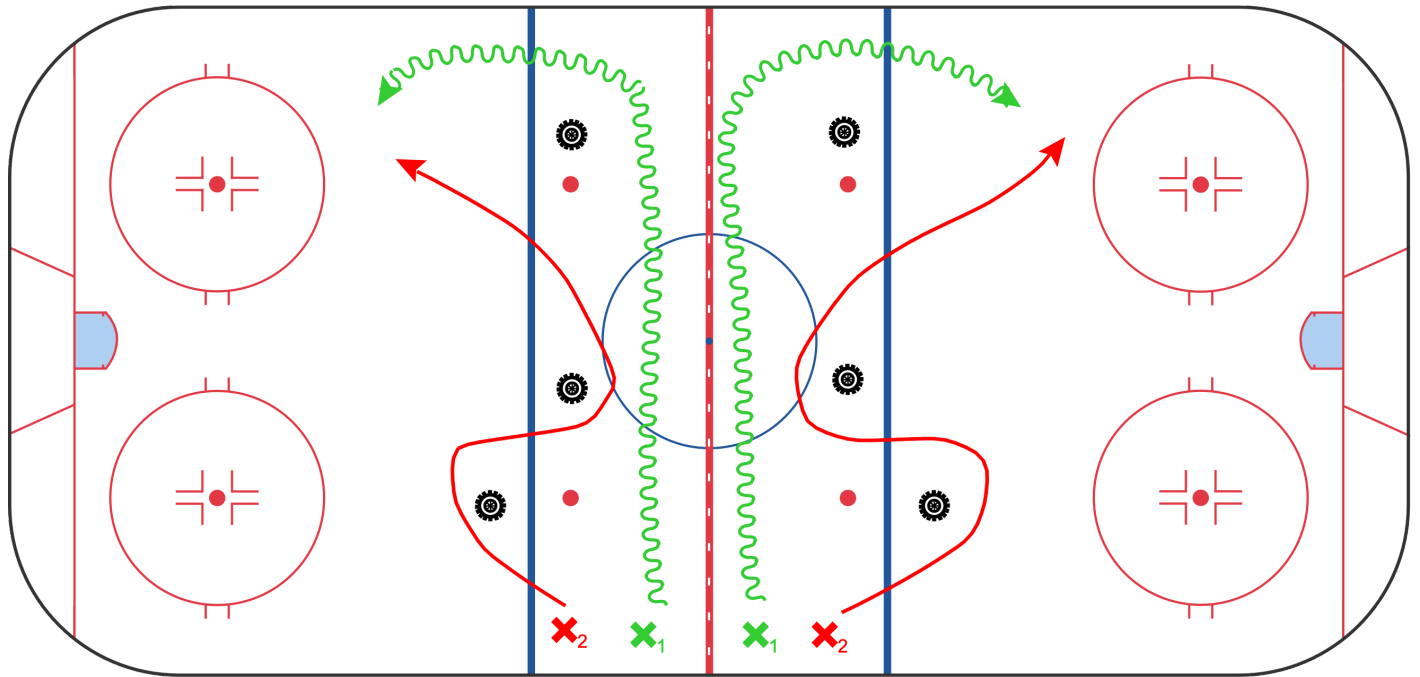
In this case, X1 and opposite corner X3 will start out skating to the "low" set of tires at the near blue line, then turn and turn around them, returning towards their starting end, where they will shoot on goal before returning to the opposite line in their end.

Players switch lines in their own end after each attempt.

Shots ONLY from the Ringette line. No dekes on goalies.

Key Points

Evaluators will qualitatively assess players technical ability to shoot in stride with accuracy and power.



Description

X1 will carry puck wide and try to cut to the net for a scoring chance.

X2 will weave around the pylons and angle X1 as they try to cut towards the net.

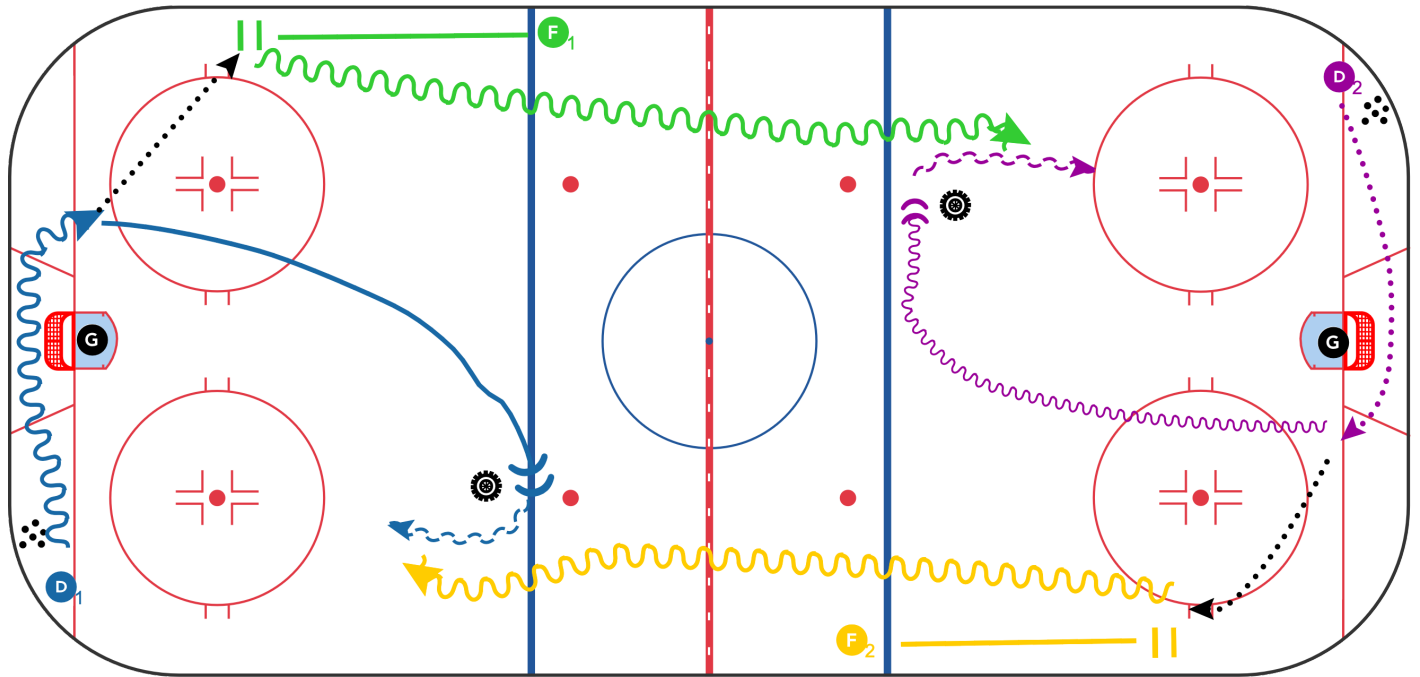
Key Points

Forwards/Defence

Evaluators will qualitatively assess a player's ability to carry the puck and enter the offensive zone using speed, skill, and creativity for a scoring opportunity. Defending players are evaluated for their ability to use a combination of speed, agility, "gap" control, angling, in order to defend the defensive zone from an attacking player.

Evaluators will qualitatively assess all players' intensity or desire to compete within this drill with or without the puck.

Evaluators will qualitatively assess all players' overall skill for both sides of the scoring opportunity.



Description

D1 and D2 will start with a puck, on coaches whistle they will skate around the net and look for a pass option at the hash marks. At the same time F1 and F2 will skate hard to the hash marks to receive a pass. After the pass is made, F1 will encounter D2 from the other end for a 1v1. F2 and D1 will also have a 1v1 on the other side.

Key Points

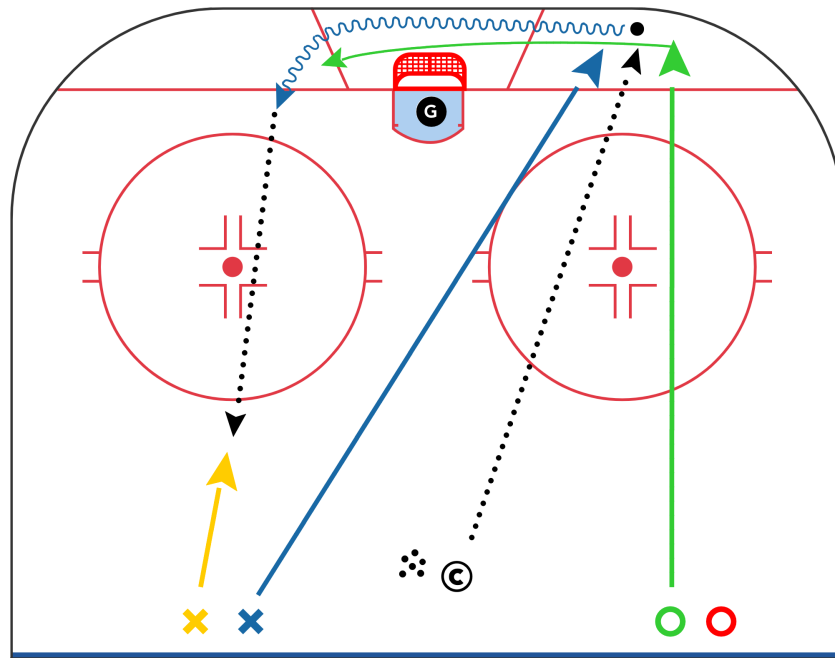
All players are evaluated on a scale of 1-10.

Forwards

Evaluators will qualitatively assess a Forwards ability to get into a proper position to receive a pass and then using a combination of speed, acceleration, puck control, physicality and creativity in order to attack the offensive zone against a defender for a scoring opportunity on goal. Forwards will not be penalized for a missed pass out of their control, interference by other players or any other reason that may cause the drill to not be completed.

Defence

Evaluators will qualitatively assess a Defenceman's ability to make a pass up to a positioned forward along the boards. Then using a combination of forward speed, pivot, backward speed, agility, "gap" control, angling, body position / contact in order to defend the defensive zone from an attacking player. Defenceman should not be penalized for a forwards missed pass, interference by other players or any other reason that may cause the drill to not be completed. Additionally, under some circumstances, a defenceman may be initially beat by a Forward (who may have started prematurely), but still receive favorable score for chasing, and following up on the play.



Description

Coach will dump a puck into the corner.

First two players X and O will race for puck possession and battle 1v1.

The players must control possession and make a direct pass back to their team. Once their teammate receives the pass they can then pursue a scoring opportunity 2-1.

The drill is completed by a goal or the defensive player skating the puck outside the blue line. No clearing the puck allowed.

Key Points

Evaluation

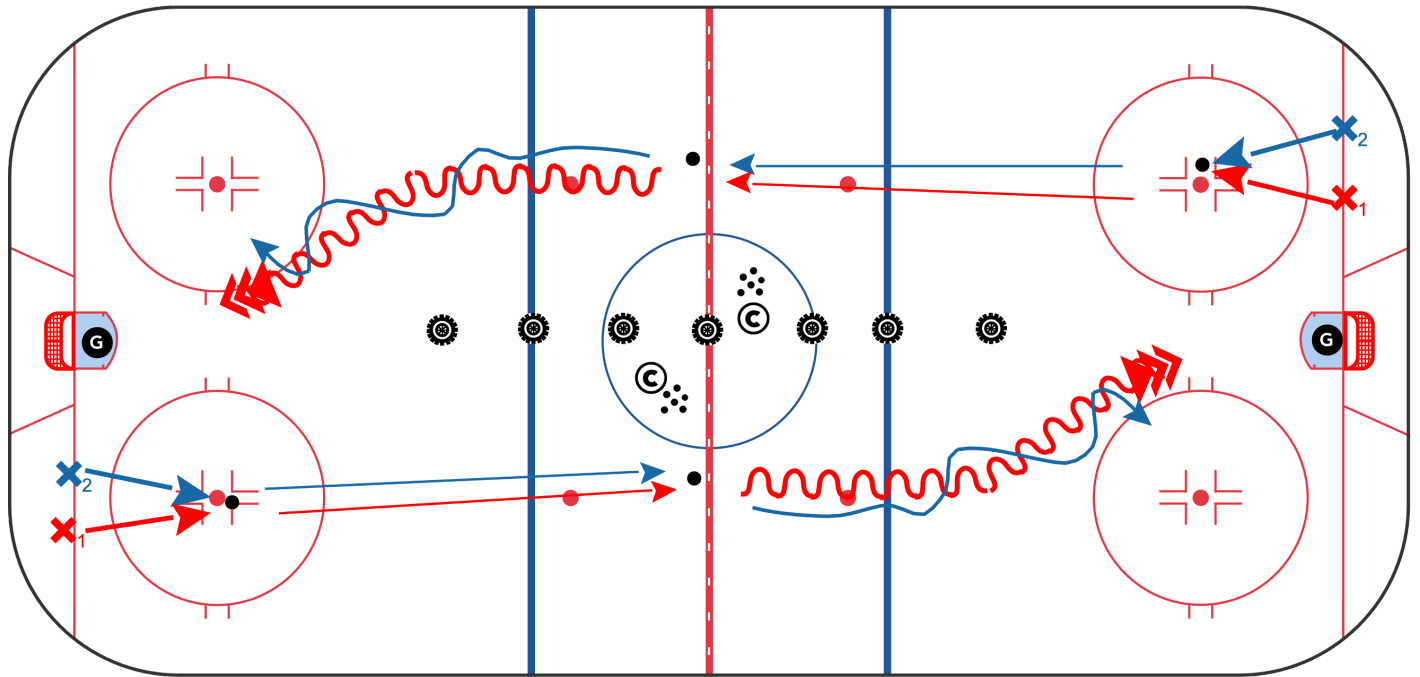
All players are evaluated on a scale of 1-10.

Forwards / Defence

Evaluators will qualitatively assess a player's ability to win a puck battle using speed, creativity, physicality (body contact or angling). In addition, each player's ability to position themselves when not in possession of the puck as well as a player's ability to use his/her teammate effectively for the scoring opportunity.

Evaluators will qualitatively assess all 3 players' intensity or desire to compete within this drill with or without the puck.

Evaluators will qualitatively assess all 3 players' overall skill for both sides of the scoring opportunity.



Description

On the whistle X1 and X2 will battle and play keep away in the circle with the puck.

On second whistle X1 and X2 will leave the first puck where it lies and race for the puck that is spotted at the centre line. The drill finishes with a shot on goal.

Key Points

Evaluation

All players are evaluated on a scale of 1-10.

Forwards/Defence

Evaluators will qualitatively assess a players ability to win a puck battle and keep possession using speed, creativity, and body position.

Evaluators will qualitatively assess all both players intensity or desire to compete within this drill with or without the puck.

Evaluators will qualitatively assess all both players overall skill for both sides of the scoring opportunity.