## **Codes of Conduct Policies**

APPROVED BY -	EFFECTIVE DATE -

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*CBCMHA* is dedicated to providing a hockey program that promotes the importance and understanding of work ethic, sportsmanship, discipline, teamwork and the fair treatment of others by providing a positive and enjoyable experience in a safe and respectful environment.

## PLAYER CODE OF CONDUCT

- I will attend all scheduled games and practices. If I am unable to attend, I will contact the Team Representative.
- I will be at the rink on time and prepare for your tice time as requested by my coach.
- I will approach development opportunities with a positive attitude and accept constructive feedback (feedback is not criticism).
- I will play the position I am assigned by my coaches to the best of my ability.
- I will respect the facilities, either home or away, in which I'm privileged to play in.
- I will exhibit a high degree of sportsmanship, teamwork and positive attitude when representing my team and CBCMHA at all team practices, games and events.
- I will refrain from using foul language towards teammates, coaches, officials or opponents.
- I will refrain from making any derogatory comments as to another individual's race, ethnic origin, color, religion, gender, and/or sexual orientation.
- I will demonstrate respect for the decisions, judgment, and authority of my coaches and the officials
- I will demonstrate respect for players on my team as well as the players on the opposing team
- I will win with humility and accept defeat gracefully...love the game above the prize.
- I will control my temper, and refrain from being argumentative, "mouthing off" or using foul or derogatory language directed at coaches, teammates, officials, parents, and opponents.
- I will accept my Coaches decisions and show them respect. Coaches and Officials are there to help me.
- I will control my emotions during frustrating situations and not bang my stick on the ice, or boards in frustration. This will not be tolerated and will be addressed by Coaches.
- I will not take extended shifts.
- I will not take unnecessary or retaliation penalties
- I will control my body language (avoid display of negative emotion) on and off the ice
- I will refrain from bullying and harassment in any form, including physical, verbal, social and cyber bullying, directed towards coaches, teammates, officials, parents and opponents.
- I will never ridicule another player for poor performance or practice.
- I will not use my cell phone in the dressing room. My cell will be turned off and packed in my bag or jacket.
- I will comply with Hockey Canada Dressing Room Policy.

- I will support my child and all players with positive encouragement and refrain from negative comments.
- I will respect, be knowledgeable and adhere to the policies, rules and regulations determined by Hockey Canada, Hockey Nova Scotia, CBCMHA and my player's team. Understand that disciplinary action will be taken if necessary. This includes but is not limited to
  - HNS Social Media Policy
  - HNS Maltreatment Policy
  - CBCMHA Discipline Policy
  - CBCMHA Codes of Conduct
  - CBCMHA Fair Play Policy
- I will ensure that my child attends all games and practices in a timely manner. Notify the Team Manager ahead of time if my child is unable to attend a practice or game
- I will follow the 24-hour rule to address any complaints or concerns.
- I will support my child with positive encouragement.
- I will refrain from expressing my opinion of the coaches or players in front of my child, players and parents
- I will refrain from yelling at or threatening referees, opposing players or coaches before, during, or after games or practices.
- I will refrain from criticism of coaches, team officials, referees, players, opponents, opposing coaches, opposing team officials and other participants during home and away league games and tournaments Should I feel that criticism is warranted, I shall offer it in a manner that is fully respectful, communicate through the proper channels, and follow the 24-hour rule.
- I will refrain from directing comments which are insulting, intimidating, humiliating, hurtful, malicious, degrading or otherwise offensive to players, bench staff, officials, association volunteers, including executive members. Should I feel that criticism is warranted, I shall offer it in a manner that is fully respectful, communicate through proper channels, and follow the 24-hour rule.
- I will comply with the Rules and Regulations of CBCMHA.
- I will ensure that all registration and team fees are paid on time.
- I will respect the principles of fair play.
- I will resolve disputes in a professional and civil manner.

- I will ensure to the best of my ability that players conduct themselves in a manner that minimizes the risk of injury, both physical and psychological, to themselves and others. This includes refraining from making any derogatory comments as to an individual's race, ethnic origin, color, religion, gender, and/or sexual orientation.
- I will refrain from unacceptable behavior after a loss or poor performance.
- I will maintain self control during frustrating situations.
- I will demonstrate respect to players and parents of my team and opposing team.
- I will refrain from using foul language towards players, other coaches, on-ice officials and opponents.
- I will demonstrate respect for the decisions, judgment, and authority of the officials.
- I will demonstrate respect for the feelings and abilities of the players on the opposing team
- I will accept the capabilities of all players.
- I will win with humility and accept defeat gracefully...love the game above the prize.
- I will act as a leader of my team and act in a highly professional manner at all hockey related activities.
- I will be responsible for my behavior and the behavior of my team and bench staff.
- I will work closely with the Development Committee with regards to practice planning and be receptive to constructive feedback.
- I will respect, be knowledgeable, adhere to and enforce the policies, rules and regulations determined by Hockey Canada, Hockey Nova Scotia, CBCMHA and my player's team. I understand that disciplinary action will be taken if necessary. This includes but is not limited to
  - HNS Social Media Policy
  - HNS Maltreatment Policy
  - CBCMHA Discipline Policy
  - CBCMHA Codes of Conduct
  - CBCMHA Fair Play Policy
- I will comply with the Code of Conduct. Failure to do so may result in Disciplinary Action, in accordance with the Policies and Procedures of CBCMHA including but not limited to, the loss or suspension of certain or all privileges associated with CBCMHA on and off-ice activities and events
- I will resolve disputes in a professional and civil manner and will reasonably cooperate with any investigation relating to a breach of the Code of Conduct Policy or arising out of a HNS Program.
- I will consistently demonstrate the spirit of fair play, sport leadership and ethical conduct.
- I will promote the sport of hockey in the most constructive and positive manner possible.
- I will refrain from bullying and harassment in any form, including physical, verbal, social and cyber bullying, directed towards coaches, officials, parents and all players.

## **BOARD CODE OF CONDUCT**

- I will act as fiduciaries of the association, prioritizing the interests of the organization they are serving.
- I will act as a unified voice publicly in support of the decisions of the Board and/or committees, even if of a dissenting opinion.
- I will be independent and impartial and not be influenced by self-interest, outside pressure, expectation of reward, or fear of criticism.
- I will declare conflicts of interest either real or perceived.
- I will act with honesty and integrity and conduct themselves in a manner consistent with the values of the association.
- I will ensure the financial affairs are conducted in a responsible and transparent manner with due regard to all fiduciary responsibilities.
- I will respect confidentiality appropriate to issues of a sensitive nature and be willing to sign an agreement stating such.
- I will comply with any screening policies in place.
- I will conduct themselves openly, professionally, lawfully and in good faith.
- I will behave with decorum appropriate to both circumstances and position.
- I will exercise the degree of care, diligence and skill required in the performance of their duties pursuant to applicable laws.
- I will commit the time to attend meetings and be diligent in preparation for, and participation in, discussions at such.
- I will have a thorough knowledge and understanding of all governance documents.
- I will prioritize the safety or players above all else in all decisions or recommendations made.

Cape Breton County Minor Hockey Association follows the Hockey Canada Dressing Room Policy

Hockey Canada Dressing Room Policy

## COMMUNICATION/RESOLUTION

- Step 1 Player/Parent Determine if the issue is a player or parent issue
- Step 2 Email submitted to Team Representative (After 24 Hours)
- Step 3 Bench Staff and Manager to discuss issue
- Step 4 Team Representative to respond to Parent/Guardian

Step 5 - If issue is not resolved an email is to be forwarded to the CBCMHA Discipline Committee

Step 6 – Issue will be reviewed by the Disciplinary Committee. Committee will determine if an additional meeting is warranted with parent/guardian and or Bench Staff. Disciplinary action will be taken if determined that policy and procedure have not been followed.

Step 7 – If the issue is still unresolved to parent/guardian satisfaction, the parent/guardian can contact the Hockey Nova Scotia Regional Director.