



Code of Conduct for Players

The Cape Breton Blizzard Female Hockey Association (CBBFHA) is committed to providing an environment in which all individuals are treated with respect. Members and participants of the CBBFHA shall conduct themselves at all times in a manner consistent with the values of the CBBFHA which include fairness, integrity and mutual respect. CBBFHA is committed to breaking down barriers related to equity, diversity, inclusion and accessibility in hockey, and recognizes the importance of sport in reconciliation.

It is the intention of this pledge to promote fair play and respect for all participants within CBBFHA. Both the player and parent/guardian **MUST** read/sign this pledge before participation in any CBBFHA hockey activities.

In addition to the Hockey Nova Scotia Code of Conduct (located on HNS website), players will ensure that they:

- Will remember that school is priority, I will work towards balancing my school work, hockey, sleep, nutrition and other important activities to me;
- Will remember that hockey is for the enjoyment of everyone and I will support the game of hockey and will play by the rules of hockey. I will play hockey because I want to, not because someone else expects me to play;
- Will arrive on time and prepared to play, this includes wearing all required equipment properly;
- Are aware that unexcused absences are unacceptable; I will notify my coach and/or manager if I am not able to attend a game or practice;
- Will resolve conflict respectfully, without resorting to hostility, bullying or violence. I will control my emotions because arguing, fighting and “mouthing off” can spoil the activity for everyone;
- Will respect the 24-hour Cool Down Period.
- Will never ridicule or yell at others for making mistakes or losing a game. I will remain respectful to my teammates, parents, opponents, officials and volunteers at all times’
- Will never dispute the official’s judgment or honesty in public. I recognize officials are being developed in the same manner as I am as a player;
- Refrain from negative communications with players, coaches, bench staff, timekeepers, officials, association, or tournament administrators or volunteers. Cursing will not be tolerated;
- Will remember that winning isn’t everything – that having fun, improving skills, making friends, and being our best is the most important thing;
- Will create a positive hockey culture where inclusiveness and belonging and is free from racism, discrimination or harassment;
- Will respect the facility we visit or in which we play and leave it clean and in the same way the facility intended it to be;
- Will abide by the NO cell phone use in dressing room rule;
- Will respect the instructions provided by the coaching staff, including attending practices and games on time and prepared to play;



- Will discuss any concerns I have with a trusted adult;
- Will not use drugs (other than properly prescribed medications) or performance-enhancing substances, alcohol, tobacco/vaping or other legalized drugs;
- Will not participate in or initiate any bullying, intimidating, harassing, or abusive behavior in any form (i.e. verbal, physical, or through the use of electronic applications such as email, social media, etc.) as we understand it to be unbecoming and harmful behaviour. Remember, you are responsible for your behaviour at all times.

I agree to abide by the above principles and agree to abide by the rules, regulations, and decisions as set by CBBFHA. Failure to abide by this Code of Conduct may result in disciplinary action, suspension, or release from the Association membership (meaning removal from your team), both in the present and in the future.

Name

Signature

Date